

Engaged

Getting Ready for Marriage



HomePointe
Pointers

The Meaning of Marriage, Facing the Complexities of Commitment with the Wisdom of God (by Timothy and Kathy Keller)* An extraordinarily insightful look at the keys to happiness in marriage that will inspire Christians, skeptics, singles, long-time married couples, and those about to be engaged. It is essential reading for anyone who wants to know God and love more deeply in this life.

Recommended Website: *CoupleCheckup.com* features the Prepare & Enrich tools for dating and engaged couples who want to establish a strong foundation for marriage.

GOING FURTHER – Church Support

Congratulations on your engagement! Please talk with Pastor Herb about arrangements for pre-marital counseling, an important step in preparing for a godly marriage.

Print Date: 25-Oct-13

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From the staff at Mattis Avenue Free Methodist Church
With Kurt Bruner, The Center For Strong Families

Congratulations on this wonderful milestone. Few seasons in life are filled with as much joy and anticipation as the time spent preparing to get married.

You've probably heard it said that as you plan your wedding, you shouldn't forget to plan your marriage. But it sounds so abstract to "plan a marriage" in the midst of the more tangible (and demanding) project of planning a wedding. How do you do it?

STEP ONE: Learn from others

Research demonstrates the long-term value of making time now for marriage education classes or premarital counseling. Those efforts go even further when you supplement them by spending time with an older married couple whose relationship you admire.

STEP TWO: Plan with patience

Couples often overlook the importance of using the wedding planning season as practical marriage preparation. You can intentionally set the tone for your marriage by the values you live out in planning your big day. The transformational process of "becoming one" can occur in everything from how you assemble your guest list to how you determine a honeymoon destination.

STEP THREE: Discover the purpose of marriage

A wedding is bigger than you as an individual and even bigger than you both as a couple. Ephesians 5 describes a couple laying down their lives for one another and becoming one as an icon of God's sacrificial love for His church. That's the counter-cultural call of Christian marriage. Read *The Meaning of Marriage* by Timothy Keller in order to discover the beautiful picture God intends every marriage to reflect.

STEP FOUR: Create a meaningful event

To focus on the sacred nature of marriage in the early church couples often stood during the course of a weekly service to exchange their vows. Those weddings were a part of the community of faith's worship routine and a public vow within a church body.

They did not have anything resembling the grand ceremonies typical of modern weddings, focusing instead on the meaning and purpose of marriage. That's not to say big celebrations are out of order, but many risk making them so complex that they fail to honor God or the community they are uniting – both of which are the basis for a strong Christian marriage.

GOING FURTHER – Resources

Recommended Books:

(* Available for check out in the Faith@Home Center)

Before You Say "I Do" (by H. Norman Wright and Wes Roberts)* explores how to clarify role expectations, establish a healthy sexual relationship, handle finances, and acquire a solid understanding of how to develop a biblical relationship.

Boundaries in Marriage (by Henry Cloud and John Townsend)* Learn when to say yes, and when to say no- to your spouse and to others, in order to make the most of your marriage.

Love and Respect (by Dr. Emerson Eggerichs) discusses a powerful biblical model for each spouse understanding and meeting the other's most deeply felt need.

Preventing Divorce (McPherson and Biehl)* Fun questions for facilitating discussion on a variety of issues.

The Five Love Languages: The Secret to Love That Lasts (Gary Chapman)* Do you feel like you and your spouse speak two different languages? Dr. Chapman helps you identify, learn and speak your spouse's primary "love language".

The Marriage Book (by Nicky and Sila Lee)* Full of practical advice, this book is easy to read, and is designed to help prepare, build and even mend marriages.

The Marriage Masterpiece (by Al Janssen)* The Bible opens and closes with a wedding and in between God uses the metaphor of marriage more than any other to describe His relationship with His people. So what does that mean for your pending marriage? Al Janssen tells the bigger story of marriage as God created it and as couples can experience it.